

NEW JERSEY SELF-HELP CLEARINGHOUSE

ADDRESS: 100 Hanover Avenue, Suite 202
Cedar Knolls, NJ 07927

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(973) 326-6789
Fax: (973) 326-9467

WEBSITE: www.njgroups.org

FEES: None

DESCRIPTION OF SERVICES

Statewide clearinghouse which offers information and referral to self-help support groups. The Clearinghouse maintains a database of over 4,000 support groups and provides free consultation services to persons interested in starting no-fee, self-help groups. Provides free training workings on the development and facilitation of self-help groups and publishes a directory of contacts to local support groups, national support groups, toll-free specialty helplines, community helplines, and psychiatric emergency phone lines.