



WE'RE ALL IN THIS TOGETHER!

Warren County Mental Health and Addiction Services Resources:

Here are a few resources for both mental health and substance use issues during this time of social distancing, please know you are not alone and there are resources available for you.

- ◇ Family Guidance Center of Warren County can be reached at 908-689-1000. For Crisis please call 908-454-5141, available 24/7.
- ◇ Atlantic Health Behavioral Health Access at 888-247-1400, available 24/7.
- ◇ NAMI of Warren County at 908-619-9619 for family members seeking support for loved ones with mental illness

As agencies are closing their doors, there are other ways to gain access to service providers.

- ◇ Center for Addiction Recovery Education and Success (CARES) Offices in Washington and Phillipsburg Envision of Phillipsburg closed as of March 16, 2020. They are still able to provide telephone support services by calling: 908-319-8589
- ◇ NJ Peer Recovery Hotline is available at 1-833-422-2765 from 8a - 8p (to 10p beginning 3/26/20)
- ◇ NJ REACH, the 24/7 hotline for anyone seeking assistance with a substance use disorder (SUD): 1-844-732-2465
- ◇ Parent to Parent and Warren County C.L.E.A.R. Program: 908-223-1951 for support and assistance accessing treatment services
- ◇ Recovery Connections is available at 610-392-7146

FOR ONLINE AND MOBILE RESOURCES PLEASE VISIT:

<https://www.recoveryanswers.org/media/digital-recovery-support-online-and-mobile-resources/>

PODCASTS AND APPS ARE ANOTHER OPTION. STAY CONNECTED!

We can not stress enough the importance of self care during this time. Take time for yourself by going on a short walk outside while maintaining social distancing recommendations.

Feel free to contact us with any questions or concerns:

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