

WC Division of
Aging & Disability
Services
1-877-222-3737
908-475-6591



OCTOBER 2017



Warren County Community Senior Center Lunch Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
Centers Locations	2	3	4	5	6
Phillipsburg Senior Center 310 Firth Street Phillipsburg, NJ (908) 859-2423 <i>Closed Tuesdays</i>	Navy Bean Rstd Chicken Quarter Paprika Mashed Potatoes Green Beans Rye Bread Fruit Cocktail	Hungarian Mushroom Beef Teriyaki Rice Pilaf Mixed Oriental Vegetables Dinner Roll Fresh Clementine	Grape Juice Eggplant Rollatini Penne Marinara w/extra sauce Salad w/Carrots & Chick Peas 1-C Italian Bread Brownie	Chicken Noodle Salisbury Steak with Gravy Mashed Potatoes Sautéed Kale Whole Wheat Bread Fruited Jell-O w/topping	Pineapple Juice Crab Cake w/tartar sauce Macaroni & Cheese 6oz Stewed Tomatoes Rye Bread Sliced Pears
	9	10	11	12	13
Faith Discovery Church 33 Brass Castle Rd Washington, NJ 908-689-0650	CLOSED 	Creamy of Spinach Ziti Bolognese (10 oz.) 2 meatballs & extra sauce Tossed Salad Sautéed Spinach Soft Garlicky Breadsticks Peach Halves	Apple Juice Center Cut Pork Chop w/Gravy Boiled Potatoes with Dill Sauce Harvard Beets Rye Bread Pound Cake	Lemon Basil Chicken Orzo Chicken Cutlet w/Mushroom Sauce Fresh Roasted Sweet Potato Baby Carrots & Mushrooms Pumpnickel Bread Fresh Pear	Orange Juice Broiled Fish w/Mustard Yogurt Sauce Brown Rice Pilaf Lima Beans Whole Wheat Bread Ice Cream Sundae Cup
	16	17	18	19	Cookie Month 20
Hackettstown Senior Center 293 Main Street Hackettstown, NJ 908-850-5438	Pineapple Juice Baked Ham Slice Whipped Sweet Potatoes Peas & Carrots Rye Bread Pineapple Chunks	Split Pea Baked Ziti with Small Sausage Italian Green Beans Romaine Salad Italian Bread Vanilla Pudding w/topping	Potato-Cheese Soup Kielbasa Scalloped Potatoes Red Cabbage Long Italian Roll Sliced Pears	Chicken Tomato Rice Tuna Salad on Lettuce 4oz Cole Slaw Three Bean Salad Whole Wheat Bread Fresh Apple	Cranberry Juice Boneless Chicken Breast w/Lemon Sauce Yellow Rice w/Peas & Onions Broccoli & Cauliflower Pumpnickel Bread Assorted Cookies
	23	24	25	26	27
Knowlton Lions Den 505 Route 94 Columbia, NJ 908-496-4001	Grape Juice 2 Stuffed Shells w/2 Turkey Meatballs – Extra Sauce Italian Blend Vegetables Whole Wheat Bread Mandarin Oranges	Chicken Corn Chowder Beef Chili Rice & Red Beans Sautéed Spinach Corn Muffin Butterscotch Pudding w/Topping	Apple Juice Potato Crusted Fish w/lemon Whipped Sweet Potatoes Peas Coleslaw Whole Wheat Bread Sliced Peaches	Garlic Potato Pot Roast with Gravy Mashed Potatoes Romaine Salad w/Tomatoes & Onion Pumpnickel Bread Green Apple	Blended Juice Chicken Cutlet Parmesan Spaghetti w/extra sauce Diced Carrots Dinner Roll Sliced Pears – HDM Birthday cakes - Congregate
	30	Happy Halloween 31			
	Stuffed Pepper Sweet & Sour Meatballs Buttered Egg Noodles Green Beans Pumpnickel Bread Fresh Pear	Sweet Potato Bisque Roasted Turkey Breast w/Gravy Mashed Potatoes Broccoli Au Gratin Whole Wheat Bread Cupcake	Happy Halloween 		